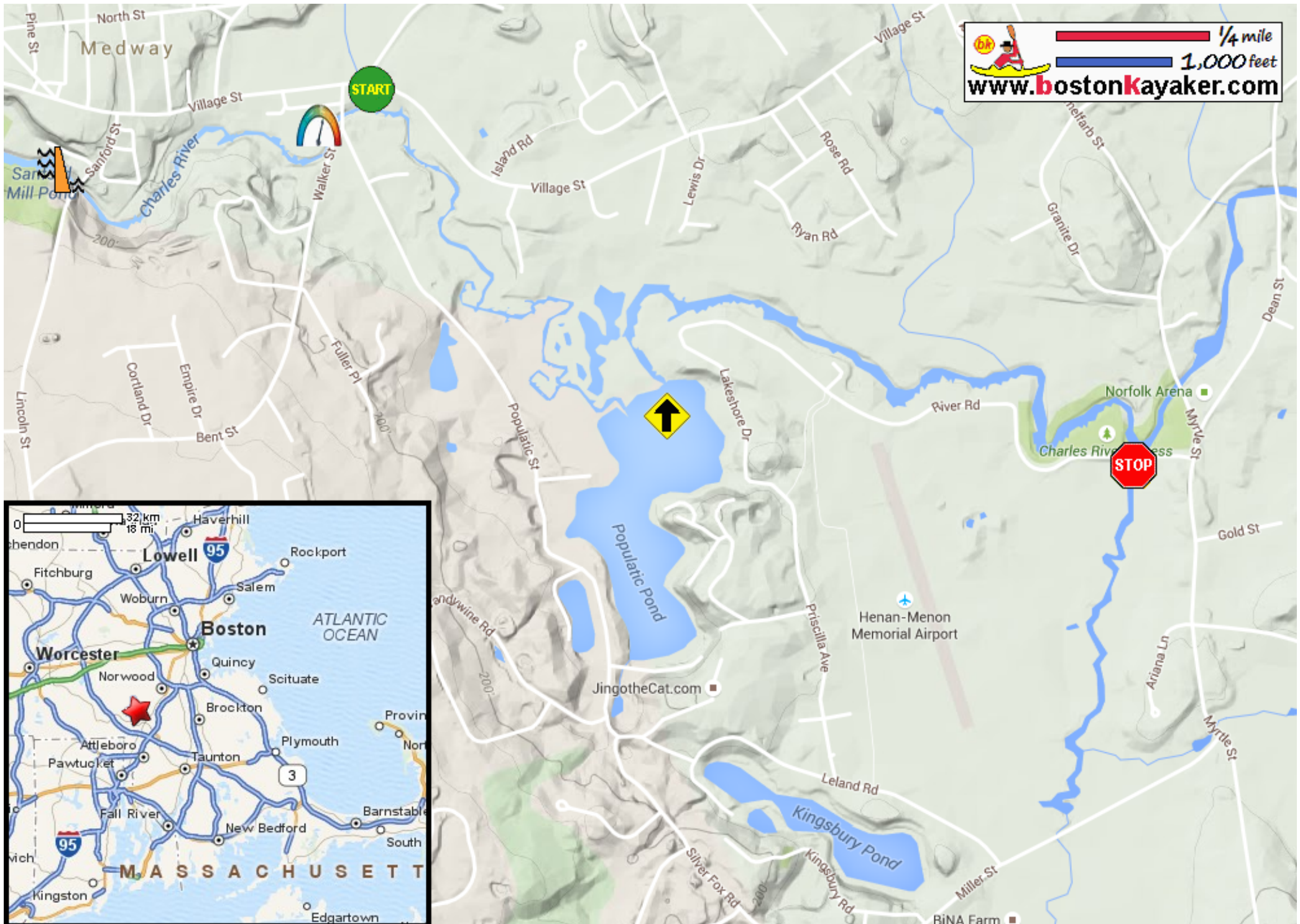


# Kayaking on Charles River and Populatic Pond - from Medway to Norfolk MA

www.bostonkayaker.com

1/4 mile  
1,000 feet



Put in at Bresnahan's Landing on Village Street in Medway MA.



At Populatic Pond, follow left shore to outlet.



Take out at River Road in Norfolk MA.



Estimated distance = 2 miles



Sanford Mill Dam



USGS River Gauge - alternate put in