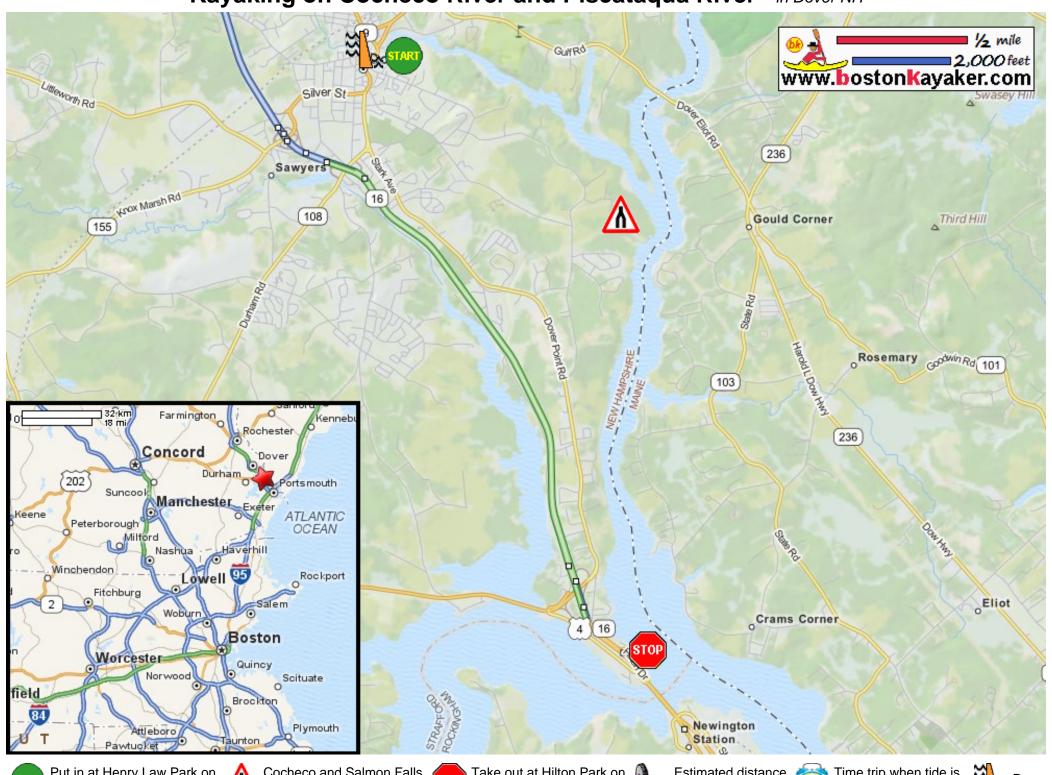
## Kayaking on Cocheco River and Piscataqua River - in Dover NH



Estimated distance = 8+ miles



Time trip when tide is high AND receding.

