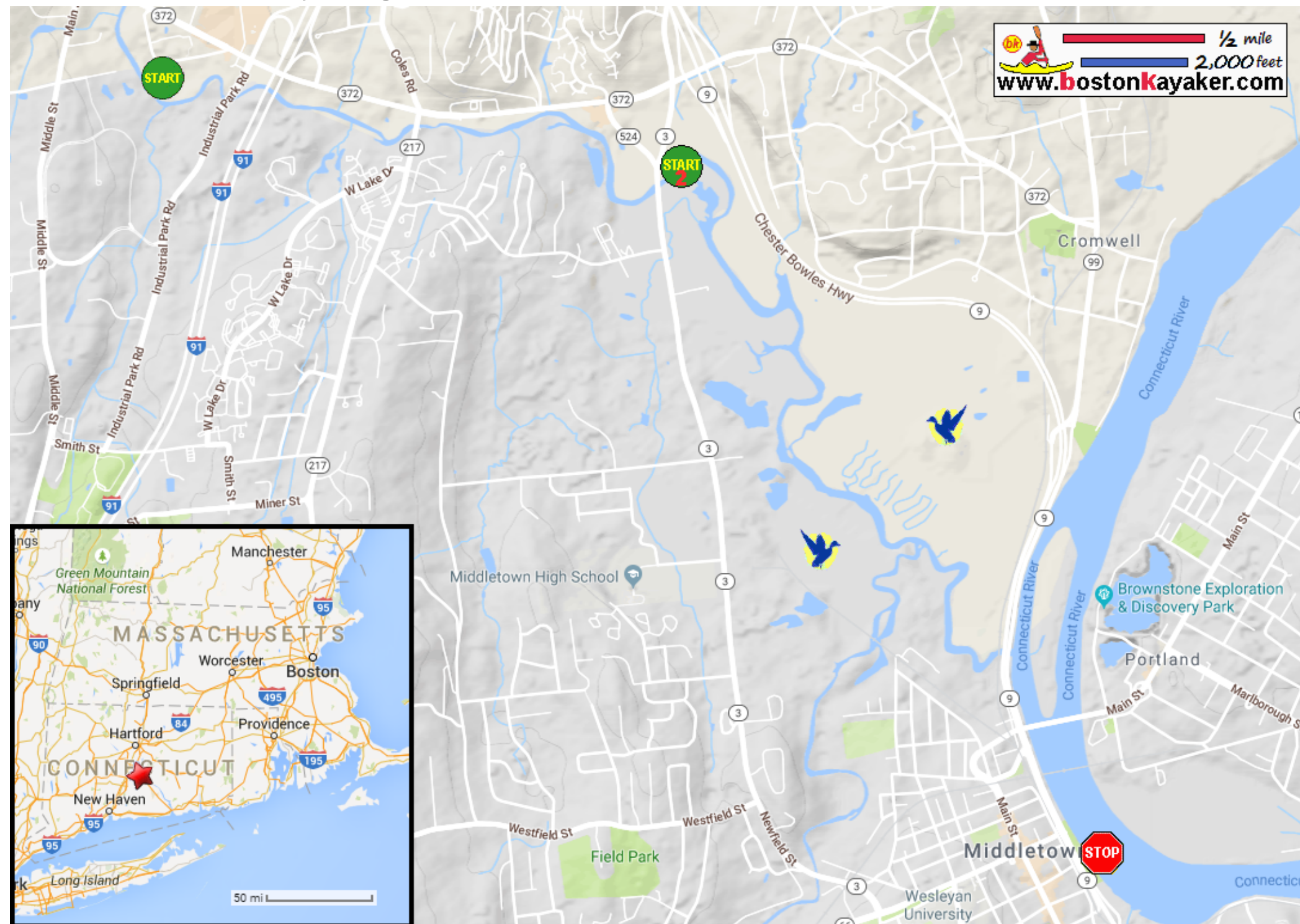


# Kayaking on Mattabesset River - from Cromwell CT to Middletown CT



Put in at Kirby Road in Cromwell CT.



Take out on CT River at Harbor Park in Middletown CT.



Estimated distance = 6+ miles



Cromwell Meadows State Wildlife Area



Alternate put in at Shunpike Road.



Best to start at high tide.